

TELE-PSYCHOLOGY INFORMED CONSENT

As a client receiving psychological services through tele-psychology methods, I understand:

1. This service is provided by technology (including but not limited to video, phone, text, and email) and may not involve direct, face to face, communication. There are benefits and limitations to this service. I will need access to, and familiarity with, the appropriate technology to participate in the service provided. Exchange of information will not be direct and any paperwork exchanged will likely be exchanged through electronic means or through postal delivery.

2. If a need for direct, face to face services arises, it is my responsibility to contact providers in my area or to contact this office for a face to face appointment. I understand that an opening may not be immediately available.

3. I may decline any tele-psychology services at any time without jeopardizing my access to future care, services, and benefits.

4. These services rely on technology, which allows for greater convenience in service delivery. There are risks in transmitting information over the internet that include, but are not limited to, breaches of confidentiality, theft of personal information, and disruption of service due to technical difficulties. Trust the practitioner has made all means to make sure this does not happen and will regularly reassess the appropriateness of continuing to deliver services through the use of technology.

5. In emergencies, in the event of disruption of service, or for routine or administrative reasons, it may be necessary to communicate by other means:

- a. In emergency situations
- b. Should service be disrupted
- c. For other communication

6. It is my responsibility to maintain privacy on the client end of communication.

7. I will take the following precautions to ensure that my communications are directed only to myself or other individuals that the client has advised through consent previously or online during a session. This would be a verbal consent and documented by the provider.

In use of tele-psychology due to Cov-19 virus. Information for potential misunderstandings when visual cues are absent and/or limited in communications and the need to seek clarification on the part of all parties when questions of misinterpretations surface may happen.

Boundary issues: texting may result in less formal and shortened communication, if needed. There are technology Limitations such as time delays, equipment failure, and poor internet speeds.

Please send this as PDF with signed online signature, unless able to print and scan.

Client Printed Name _____ Date: _____

Signature of Client _____

Signature of Practitioner: _____ Date: _____

Professional Designation: _____