

Liability Release Form

EFT (Emotional Freedom Technique) provides impressive results for most people, but there is no guarantee of specific outcomes. These techniques may not be successful in all cases, and may occasionally cause some emotional discomfort in certain individuals.

While EFT has produced remarkable clinical results, you must still take complete responsibility for your own emotional, physical and mental health.

Stephanie Grutter is not a doctor, and offers EFT as a practitioner for supportive therapy purposes only. Several sessions may, or may not, be necessary to accomplish the results that you are looking to achieve optimal wellness.

All information shared during the session is strictly confidential and will not be disclosed without your written consent.

You are encouraged to consult your physician and/or therapist regarding your use of EFT.

I, _____ agree to hold Stephanie Grutter harmless from any claims regarding the use of Emotional Freedom Technique.

I have read and agree to the above:

Signature: _____ Date: _____

Signature: _____
(Stephanie Grutter)